**Planning a Comprehensive Guidance and Counseling Program**

Counseling Needs Assessment for Middle and High School Students

The Guidance and Counseling Department would like your assistance in an important project to help us provide better service for the students. As a first step in our project, we are asking you to complete the questionnaire below. Please check each statement that is important to you.   
  
Circle your grade:     6     7      8     9     10     11     12   
Circle one:     Male     Female   
  
I. Place a checkmark beside each statement that is important to you.   
  
As a student, I would like to know how to:

|  |  |  |
| --- | --- | --- |
| 1. |  | Solve problems and make good decisions. |
| 2. |  | Improve my study skills and test-taking skills. |
| 3. |  | Set goals for myself and carry them out. |
| 4. |  | Explore future career choices. |
| 5. |  | Select the most appropriate courses in school. |
| 6. |  | Get information about educational options after high school. |
| 7. |  | Get financial aid information for postsecondary education. |
| 8. |  | Manage my time better. |
| 9. |  | Manage conflict with others. |
| 10. |  | Cope with pressures from school, home, friends, and myself. |
| 11. |  | Better understand my abilities, interests, and aptitudes. |
| 12. |  | Ask for what I want in an acceptable and assertive manner. |
| 13. |  | Get along better with others (teachers, parents, friends). |
| 14. |  | Accept criticism better. |
| 15. |  | Better understand people who are different. |
| 16. |  | Become less shy and nervous about others. |
| 17. |  | Make friends. |
| 18. |  | Be more comfortable about speaking up in class. |
| 19. |  | Better understand myself. |
| 20. |  | Get help when I need it. |

II. From the list above, place the numbers of the five most important topics for you in the spaces below.

|  |  |  |
| --- | --- | --- |
| 1. \_\_\_\_ (most important) |  | 4. \_\_\_\_ (next important) |
|  |  |  |
| 2. \_\_\_\_ (next important) |  | 5. \_\_\_\_ (next important) |
|  |  |  |
| 3. \_\_\_\_ (next important) |  |  |

III. What are some other ways in which the counselors can help you?